

Peats Ridge Weekly



Week 7 Term 1

MARCH 5 2012

COMING EVENTS

Monday 5th March

Thursday 8th March

Thursday 16th March

Wednesday 21st March

Monday 26th March

Thursday 5th April

Monday 23rd April

Year 6 Students issued with High School information for 2013
Science Day for Small Schools here at Peats Ridge PS (SPECIAL LUNCH)
Year 6 return High School Expression of Interest Forms to Primary School
Harmony Day
P&C Meeting - Annual General Meeting 6.45pm
National Young Leaders Day (Sydney Excursion for Year 6 only)
Last day of Term 1
Deposits for Canberra Excursion DUE
Easter Hat Parade - SPECIAL AFTERNOON TEA
First day of Term 2 for ALL students (NO School Development Day)

PRINCIPAL'S MESSAGES

SCHOOL SECURITY

You are reminded to call the number below if you are ever aware of people on the school site other than school personnel. Please phone School Security instantly on **1300 880 021**. Put this number into your mobiles in case you are ever driving past.

YEAR 7 PLACEMENT for 2013

All Year 6 students will today receive an Expression of Interest Application Form for Placement in Year 7 at a NSW Government Secondary School in 2013. These forms need to be completed and returned to the school office by this Friday, 16th March. As all Year 6 students are tracked to high school we require this form to be returned. You can certainly note on the form that placement in a NSW government school is not required, if your secondary school choice is elsewhere, but please return the form by the due date.

4/5/6 EXCURSIONS

An earlier newsletter this term included a proposal for some changes to the excursions that occur across the five mountain schools in our learning

reminders

- Please return all spare red hats.
- Payments for KIDANSYS Dance Program Now Due
 - Active After School Sport is now running on MONDAY and WEDNESDAY afternoons
- School Phone Number: 4373 1149
- Email: peatsridge-p.school@det.nsw.edu.au
- Newsletter available online at our website:
<http://www.peatsridge-p.schools.nsw.edu.au/sws/view/home.node>

community. Last Friday I met with all the other small school principals to discuss the finalisation of the proposal. Several issues pertinent to all school communities were raised and I am pleased to inform you that this year ALL Year 4/5/6 students will be included in the Canberra Excursion. There is a proposal for forthcoming years which will undergo community consultation at each separate school site over the coming months. This second proposal is as follows:

EVEN Years	Years 5 and 6 attend Canberra Excursion (3 days / 2 nights)
ODD Years	Years 5 and 6 attend a Sport & Rec Fitness Centre Camp (length to be determined)
ANNUALLY	Year 4 attend Bathurst Excursion (2 days / 1 night) as a lead up to the longer Stage 3 excursions

A separate note re the 2012 Canberra Excursion for Years 4/5/6 requiring a deposit is included with today's newsletter.

HEAD LICE

Always be on the lookout. Check regularly for head lice. Early signs of your child itching and scratching his or her head should encourage you, as parents, to carry out a quick check of the hair. Please return NITBUSTER notes which were included with last week's newsletter. The sooner notes are returned the sooner our P&C team of volunteers can commence the program.

LATE ARRIVALS/EARLY DEPARTURES (REMINDER)

A reminder to parents that all students arriving at school after the official starting time of 9:00am MUST escort their child to the front office and sign the child/children into school. Please do not send your child from the car on his/her own. Please do not take your child to the classroom without the Late Arrival slip from the office. This late arrival time is documented and a regular pattern of lateness will be investigated by the Department of Education and Communities Home School Liaison Officer. If you or another adult do not call at the office first to obtain a late arrival slip the absence will be documented as "unexplained". Also, if you are collecting your child/children at any time of the day except 3:10pm, please call at the front office to complete an early departure note. Then proceed to the classroom, present the Early Departure slip to the classroom teacher and then you may take your child early. This process is in place for the protection of your children. We need to know the validity of the person collecting the child. Thank you for your support in this matter.

INFORMATION PROVIDED by the Department of Education and Communities

Become a foster carer

This year around 24,000 young people aged from babies to teens will be living in out-of-home care due to a range of domestic issues. As a result, foster carers are urgently needed and Fostering NSW is calling on caring and stable people to help care for a young person in their home. Foster carers play a vital role and by giving these children safe and caring homes, either short or long-term, help to change their lives for the better. If you would like to know more about becoming a foster carer, call 1800 236 783 or visit www.fosteringnsw.com.au/

National Sea Week 2012

Did you know Australia is one of the most urbanised nations in the world and most people live within an hour or two of the coast? The annual National Sea Week (which this year starts on 4 March) helps draw attention to issues related to the marine environment. This year's focus is on marine debris (litter) and what we can do to help keep the ocean clean. Go to www.mesa.edu.au/seaweek2012/default.asp for activities and information on how you can be involved.

The first day also coincides with the annual Clean Up Australia Day. www.cleanupaustaliaday.org.au/

Encouraging literacy skills at home

Let your child help you write shopping lists

is a great way to get them reading words that don't always come from a storybook. Children can help you read recipes and then write out lists of items you need and link names to products that you point out in the refrigerator or the pantry cupboard.

More ideas at <http://www.schools.nsw.edu.au/news/ezine/yr2009/issue01/shopping/index.php>

Don't forget to label your child's belongings

You can:

- use a permanent laundry marker to label clothes, hats and shoes, or sew or iron on personalised labels
- go through your child's bag with them each night
- check that labels haven't faded with washing
- if something doesn't come home, ask at the office where your school's lost property area is.

You are welcome at school

Children love to see their parents and carers at their school, whether helping out in the classroom, canteen or being involved in other ways. Research shows that students perform better at school when their parents or carers take an active interest in their school work. Your contribution to the school is needed and valued.

Ways you might get involved:

- help in the classroom
- listen to children read
- help children on computers
- help with school excursions
- prepare food and serve children at the canteen
- coach a sporting team.

•

Tips for packing lunch boxes

- Pack food that is easy to open, easy to eat and not messy.
- Write their name on their lunch box, water bottle and any other containers.
- Include a frozen drink bottle to keep food cold. Wrap it in a tea towel in case it leaks.
- Use insulated lunch boxes or cooler bags.
- Avoid using plastic wrap because children find it hard to pull apart, paper bags are better for the environment too.
- Pack tissues or paper around fruit so it won't bruise.
- Remind your child to wash their hands before eating and use the toilet at recess and lunch.
- Pack a water bottle for your child each day and remind them that they can also get water from the taps or bubblers throughout the day.

Garry Standen
Principal

ASSEMBLY AWARDS WEEK 4, TERM 1

Citizenship

Gabrielle V., Joshua P., Tara S., Lacey B., Sophie G.,

Merit

Danielle V., Harry L., Christian S., Sophie A., Dusten L., Monique G., Kayla H.

Making Vegies More Interesting - Barbecue

We know that vegies are important in our daily diet but some people simply don't enjoy them. Try this idea to make vegies more interesting:

Slice zucchini lengthwise, brush lightly with olive oil and grill on the barbecue. Do the same with corn cobs, sliced eggplant or peeled sweet potato slices and fresh asparagus spears. Serve with a dip made from natural yoghurt with chopped mint or coriander and a touch of chopped chilli.



Produced by Central Coast Health Promotion Service and Nutrition Service



Health
Central Coast
Local Health District

PLAY RUGBY LEAGUE

WITH

GOSFORD KARIONG RLFC

“STORM”

UNDER 6'S – 16'S

17'S – RESERVE GRADE

FAMILY ORIENTATED. FRIENDLY ATMOSPHERE.

ENQUIRIES: Ph: 0402190282 or email: gosfordkariongstorm@hotmail.com

Can register up to May 2012.